

Week1	WINTER MENU 2019					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY A
Bagel-1 Cream cheese Jelly butter sausage pattie-2 Milk -1cup	French toast-2 Syrup Butter Sausage links-2 Potato round-2 Milk- 1 cup	Sausage Gravy- 4oz. Biscuit2 each Milk- 1 cup	Breakfast pizza-3 Milk- 1 cup	Pancake on a stick-2 apple sauce-1/2c Potato rounds-2 Milk- 1cup	Cereal- 1cup Toast-2 Butter jelly Milk- 1 cup	Breakfast Sandwich- 1ea Biscuit, -1 egg patty-1 sausage patty-1 slice of cheese-1 Potato rounds-2 Milk -1cup
Taco salad W.G.Tortilla chips no salt - 2oz. refried beans-1/2c Salsa- 1oz Fresh Broccoli- 1/2cup Apple- 1 Ranch- 1oz. Milk- 1cup C Romaine tomatoes celery -1/2c	Sloppy Joe- 1 Sweet Potato Puffs- 1/2c Baked beans-1/2c Banana-1 raisins-1/2c Ketchup-1oz. Milk-1cup Carrots-1/2c f.f.dressing	Beef & noodles mash GR Rolls-2 Peaches-1/2 cup orange-1 Milk-1cup Jelly-1tsp F.F.dressing X carrots	Bean & beef Burrito-1 Romaine-1/2c Diced Tomatos-1/4c W.G.Tortilla chips No salt-1oz. Mexican corn-1/2c. Raisins-1/4c Salsa-1oz. Milk-1cup. Fruit cocktail-1/2c Celery-1/2c	Hot Turkey & cheese sandwich-1 Green Beans-1/2c Tater tots-1/2c Banana-1 Ketchup-1oz Mustard-1oz. WG brownie-1 Milk-1cup Peaches-1/2c cucumbers-1/2c Ranch-1oz Romaine-1/2c Tomatos-2 f.f dressing-1oz	Chicken legs baked-2 Mashed Potatoes-1/2c. Corn-1/2cup GR Roll-1 Orange-1 Milk-1cup Jelly-1Tbsp Broccoli-1/2cup Peaches-1/2c Gravy-1oz	Beef Taco Supreme 1 piece each Tossed Salad-1 cup Mexican corn-1/2c. Salsa-1oz. Milk-1cup Apple-1 carrots-1/2c
Chicken Parmesan sandwich Chips Green Beans Dessert Drink	Cheddarwurst Baked beans Corn Chips Dessert drink	Marinated pork chops Rice Stir fry vegetables Bread butter Dessert Drink	Breakfast for supper	Frito chili pie corn Bread/Butter Dessert Drink	Hamburgers Chips Baked beans Corn cob Dessert Drink	Beef Stew Biscuits-2 Dessert Drink
Nachos	Ritz Bits	Peanut Butter Crackers	Pretzel & cheese	Popcorn	Granola bar	Snack Mix

Week 2	WINTER MENU 2019					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY D
Waffles-2 Sausage links-2 Milk-1c	Pancake on a stick-2 Potato rounds-2 Milk- 1cup Syrup-1oz. ketchup	Sausage Gravy- 4oz. Biscuit- 2each Milk -1 cup	Breakfast pizza 3ea Milk 1 cup ketchup	Coffee Cake -1piece Sausage Links- 2each Milk -1cup	Cereal- 1cup Toast-2 apple-1/2 Milk- 1 cup	Breakfast sandwich-1 Biscuit,-1 egg patty -1 sausage patty,-1 slice of cheese-1 Potato rounds-2 Milk -1 cup
Shepard's pie cooked Baby carrots- 1/2cup G.R. Roll- 1each Peaches -1/2c. Banana- 1each Milk- 1 cup FF dressings- 1oz. Jelly- 1 oz	Meatball sub-1/2c Meatballs-5 ea. Peas-1/2c Apple-1 ff. dressing- Fresh broccoli-1/2c Milk-1c	Chicken Noodles -8oz Mash potatoes-1/2c G.R. Biscuit-1 Orange-1ea Milk-1c. F.F.Dressing-1oz. Cucumbers-1/2 c	Taco Salad Taco meat-#16 sc.. Tomatoes-1/4c. Romaine-1/2c. Refried beans-1/4c. Chips-1oz. Cheese-1 tbsp. Mexican Corn-1/2c. Salsa-1oz Apple-1 Milk- 1 cup	Chicken wrap-1ea. Winter blend veg.-1/2c Romaine 1/2c. Cheese-1 oz. Tortilla Chips-1oz Tomatoes -2-slice apple sauce-1/2c. Rasins-1/2c. Milk-1cup Broccoli-1/2c Ranch-1oz	Pork rib sandwich-1-ea. G.R.Bun-1-ea. Green Beans -1/2 c. Potato wedges-1ea. Apple-1 Romaine-1/2c. Tomato's - 2-slices Graham cracker-0.9oz. Milk-1 c Carrots-1/2c.	Taco Burger-1 Taco Meat -#16 sc. G.R.bun -1 Cheese- .50oz. Romaine -1/2cup Tomato -1/4c. Refried Beans- #8scoop Mexican corn-1/2 c Salsa-1oz. Tortilla Chips-1oz. Orange-1 1Milk- 1 cup Fruit cocktail-1/2c
Meatloaf Scalloped corn bread butter Dessert Drink	Chicken Alfredo Bread Butter Dessert Drink	Ham Steak Scalloped potatoes Corn bread Butter Dessert Drink	Hamburger Pasta Salad Baked Beans Dessert Drink Chips	Spaghetti w/Meat Sauce Lettuce Salad Bread butter Dessert Drink	Ham & cheese sandwich Mayo, mustard, jalapeños Shredded lettuce tomatoes Chips Green beans Dessert Drink	Chili Dog Peas Chips Dessert Drink
Peanut butter crackers	Pretzels cheese	Nachos	Ritz Bits	Popcorn	Granola Bar	Graham Crackers

Week 3	WINTER MENU 2019 ****					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY A
Scrambled eggs-2oz Sausage Pattie -2 Toast-2 Ketchup Jelly Butter hot sauce	Cereal- 1cup Toast-2 Milk- 1cup	Sausage Gravy -4oz. Biscuit- 2 each Milk- 1 cup	French toast-2- Sausage Links- 2each Milk- 1cup Syrup 1 oz.	Pizza-3 Fruit cocktail- ½ c Milk-1cup	Coffee cake- Sausage links-2 Milk- 1- cup	Breakfast sandwich-1- Biscuit,1 sausage patty,-1 slice of cheese-1 Banana-1 Juice - ½c. Milk -1 cup
Chili-8oz. W.G Tortilla chips-1oz. Celery-1/2c Cucumber-1/2c G.R cinnamon roll-1 Orange-1 Peaches-1/2c Milk-1/2c F.F.Dressing-1oz Fresh Broccoli-1/2c	Corn Beef Taco- 2each Taco Meat per shell 2Tbsp. Lettuce- #10 scoop Diced Tomatoes ¼ cup Cheese-1TbIs per shell Mexican Corn- 1/2c. Refried Beans- 1/2c. Corn Chips- 1oz. Salsa-1oz. raisins -1/4c each Applesauce- 1/2c Milk- 1cup	Hamburger G.R.Bun- 1each Romaine- 1/2cup Tomato- 2slices ¼ slice Potato wedges-1/2cup Banana-1- Green beans-1/2c Milk- 1cup Mustard- 1tsp Ketchup-1oz. Fruit cocktail-1/2c Broccoli-1/2c F.F.Dressing-1oz	Beef & noodles-1cup Mashed potatoes-#8 sc. Hot Rolls-1 Green Beans-1/2c apple-1 Milk-1cup Jelly-1tsp. X carrots	Sweet& Sour chicken-5 Hot Rolls-2 Tossed Salad -1cup Peas-1/2c Apple-1 Milk-1c. F.F. Dressing-1oz. Fresh carrots-1/2c	Hot Ham & cheese Sandwich-1 G.R. Bun-1 Potato Wedges-1/2 c Fresh Broccoli-1/2 c Strawberries-1/2c Peaches-1/2c Romaine-1/2c Tomatoes-2slices ¼ Milk- 1cup Mustard- 1tsp Ketchup-1oz. Cooked Carrots-1/2 c f.f dressing	Chicken sandwich – 1ea. Romaine-1/2c Tomatoes-2 slice ea. Potato wedges-1/2c Carrots-1/2c Raisins- 1/4cup Apple sauce- 1/2c Milk 1 cup Ketchup 1oz. Celery-1/2c F.F.dressing-1oz
Pizza Salad Dessert drink	Fried pork chops Mashed Potatoes bread butter Gravy Dessert Drink	Chicken Alfredo Dessert Drink Bread butter	Egg rolls Rice Veg. Bread Butter Dessert Drink	Sloppy joes Baked beans Chips Corn Dessert Drink	BBQ chicken Rice Stir fry veggies Bread butter Dessert Drink	Baked potato Chili Broccoli Bread Butter Dessert Drink
Ritz Bits	Pretzel & cheese	Nachos	Cheese Crackers/PB	Popcorn	Snack mix	Graham Crackers

WINTER MENU 2019						
week 4						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY D
Coffee cake-1 Sausage links-2 Milk-1	Sausage gravy-4oz. Biscuits-2 Milk-1c	Bagel-1 Cream cheese Butter Jelly Sausage Pattie -1 Milk-1	Waffle2 Sausage patties-2 Syrup milk	Breakfast sandwich-1 Biscuit-1 Cheese-1 Egg pattie-1 Potato rounds-2 Ketchup Milk jelly	Cereal-1c Toast-2 Butter Jelly milk	Pancakes-2 sausage links-2 Milk Potato round-1 Syrup ketchup
Taco soup- Chips no salt-2oz Broccoli fresh-1/2c Orange-1 Milk-c F.F.dressing Fruit cocktail-1/2c	Spaghetti W/Meat Sauce- 1cup tossed Salad- 1cup Green Beans- 1/2cup Garlic Breadstick -1ea. Apple- 1/2c Milk- 1cup Dressing F.F.-1oz Carrots fresh-1/2c	Beef patties -1ea. Mashed Potatoes #8 sc. Peas- 1/2cup Gravy-1oz. G.R. Roll- 1 each Apple crisp – 1/2c Apple sauce 1/2cup Milk- 1cup Jelly- 1oz. cucumbers-1/2c f.f. dressing	BBQ Chicken legs- 2each Sweet potato puffs-1/2c Corn-1/2cup Rasins-1/4 Peaches-1/2c Milk -1 c Broccoli-1/2c- W.G.roll-1	Rib sandwich-1 carrots fresh- 1/2c banana-1 romaine-1/2 tomatoes-2 tots-1/2c- Milk- 1cup Ketchup. Mayo Corn-1/2c	Beef Nachos Taco Meat- #16 scoop W.G tortilla chips-2oz. Salsa -2oz. Refried Beans- 1/2c Cheese Sauce-1/4c Mexican Corn- 1/2c. Apple-1 Milk -1cup	Hot dog- 1 ea. Potato Wedges-1/2c green beans-1/2cup Apple sauce-1/2c Orange 1 Milk- 1cup Ketchup- 1oz Mustard-1-tsp. Fresh carrots-1/2c F.F.dressing-1oz
Meatballs bbq Macaroni & cheese vegetable Dessert Drink	Ham sandwich Corn Mayo ,mustard, Chips Dessert Drink	Tuna Casserole Peas Bread butter Dessert Drink	Breakfast for supper drink	Cheeseburgers Baked Beans Mayo ,mustard, ketchup pickles, Chips Dessert Drink	Tater tot casserole Bread butter Salad dressings Dessert Drink	Pizza salad Dessert Drink
Peanut Butter Crackers	Pretzel & cheese	Nachos	Ritz Bits	Popcorn	Granola bar	Snack Mix