

Limited Time Only - Kansas Tobacco Quitline Offers 8 Weeks of Nicotine Replacement Therapy



For the first time in the twenty-year history of the Kansas Tobacco Quitline 1-800-QUIT-NOW (1-800-784-8669), the Kansas Department of Health and Environment, (KDHE) is offering all phone coaching enrollees eight weeks of free nicotine replacement therapy while supplies last.

Participants who are 18 years and older that want to quit smoking, vaping or chewing tobacco and enroll in the phone coaching program can choose a lozenge, gum, or patch that will be mailed directly to their home if they enroll by midnight on Sunday, April 30.

“We want all tobacco users to know that although quitting is hard, they can do it,” said **Matthew Schrock, cessation coordinator**. “Individuals who smoke often try to quit several times before succeeding, but proven treatments and services are available that can improve your chances to quit for good. We encourage all Kansans to try to quit, and if they want free help, take advantage of this opportunity.”

The Kansas Tobacco Quitline is a free, 24/7 resource available to Kansas residents to help them quit smoking. The Quitline provides help, such as counseling, a personalized Quit Plan and quitting support by phone and through online services. A survey of Quitline users highlighted that 90% of participants were satisfied with the Quitline coaches and counselors. The Quitline can be reached by calling 1-800-QUIT-NOW (1-800-784-8669).